

# Daily Progress Chart

Goal: \_\_\_\_\_

Month: \_\_\_\_\_

For each day, put a dot at your percent for the month so far. Connect the dots to see your progress.

Day of the Month																					
31																					
30																					
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4																					
3																					
2																					
1																					
% Achieved >>>	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%											